WESTERN WASHINGTON FAIR CULINARY ARTS AND PRESERVED FOODS COMPETITION HOME ARTS DEPARTMENT

Entry #

___ Class # _____

Recipes must be submitted for each entry along with signed release form found on back of this recipe form.

Recipe name: Truffles Tres Bon

Recipe Source: Original!

Container prep: parchment line a can or sealing plastic container

Ingredients:

Main: ~ 4 cups, or 30 ounces bittersweet chocolate chips [NOTE: quality of chips dictates quality of truffles.] 2 cups heavy cream [NOTE: if you would like to use white chocolate, cut the cream in half.]

Then, if you would like:

Generous 1/3 cup Kentucky Bourbon *Or some other entertaining addition [If peppermint schnapps, add a* ¹/₂ *t peppermint extract]*

"Accents":

2 c sweetened cocoa powder OR 2¹/₂ c toasted coconut, finely chopped OR *2 c toasted nuts*, *finely chopped OR* 2 c crumbled candy canes, finely chopped OR..... use your imagination!

Directions for combining ingredients: (Please number each step).

- 1) Set the chocolate chips aside in a medium-large bowl
- 2) Scald the heavy cream in a measuring cup with a Microwave oven, stirring every 30 seconds or so, until bubbling around the edges & thoroughly heated. (Can also be done in a saucepan.)
- 3) Pour the cream over the chips & cover untouching with plastic wrap.
- 4) Let this set for ~ 10 minutes.
- 5) Gently stir with a whisk or gentle mixer setting until smooth, being careful not to inspire air bubbles.
- 6) Cover with plastic wrap touching this time!
- 7) Cool until firm, overnight is best.
- 8) Put the selected accent in a gallon-size zipping plastic bag.
- 9) Use a small pastry scoop to form balls of the ganache, dropping them into the selected accent.
- 10)Shake, Rattle & Roll them until properly coated
- 11) Put in appropriate container

Yield ~ 180 truffles

Contestant Name: Adrienne Anderson-Smith

PLEASE SIGN THE RELEASE FORM ON THE BACK OF THIS RECIPE BLANK